



NDIDI!
we are here to listen

EMPLOYEE ASSISTANCE PROGRAM

For more enquiries, please call
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ABOUT NDIDI

NDIDI is a private mental healthcare practice committed to providing accessible, high-quality mental healthcare in Nigeria. We offer warm, non-judgmental, psychological and psychiatric services to people in need of mental health care. We are fueled by our passion to ensure that Africans have access to quality and affordable health care.

We aim to continuously provide safe, effective, evidence-based mental health care services that consider the needs of the individual and their community.

ABOUT THE PROGRAM

Our Employee Assistance Program is a selection of carefully curated services designed to help provide mental health care and assistance to your workforce at affordable rates.

We have mental health packages that can help improve the working and personal lives of your organization's staff.

Let us help you create a healthy working environment for your employees.

Here are some of the companies we have worked with





THE EAP COMPONENT

PRIVATE THERAPY SESSIONS

Private psychotherapy sessions are provided to staff members at a frequency agreed upon between ND!D! and the organisation.

COST PER STAFF
N25,000

 **60MIN**

REFERRAL SUPPORT, TRACKING & FOLLOW UP

Staff members who require care beyond what the EAP can provide such as hospital care or drug therapy will be referred to hospitals for professional care. Their case will be monitored and updates will be provided to the concerned department within the organisation.

EAP STAFF ORIENTATION

At the start of the Employee Assistance Program, we recommend that we speak to the staff in person about the service and its benefits. We believe staff will be receptive once they can put a face and personality to the person they will be working with.

It also provides an avenue for them to ask questions about the service.

N35,000

 **60MIN**





NEWSLETTER

Every month, we collaborate with the appropriate department within your organisation to write and send newsletters to your staff on mental health care topics, human psychology and mental illness.

N40,000

🕒 MONTHLY

PRIVATE LECTURES

We offer private lectures to educate your staff on mental health and healthy coping mechanisms.

Examples of subjects covered include emotional intelligence, mental health first aid, dealing with burnout, creating work-life balance etc.

COST PER LECTURE
N100,000

🕒 60MIN





CONSULTATION SESSION

Our consultation services utilise observations and non-identifying information from sessions which are solely related to the organisation to assist departments and managers make their space conducive for work, supporting a staff member or helping with decision-making.

N50,000

🕒 60MIN



ANNUAL REPORT

At the end of each year, we send a detailed report on the utilisation of the service and suggestions/recommendations for improving employee welfare and organisational growth.

CONFLICT RESOLUTION

Conflict among staff members, department heads, managers and senior executives is inevitable and can affect the productivity of their department and the organisation. The goal of this service is to reconcile opposing arguments in a manner that protects and respects all parties' rights and views.

N70,000

🕒 90MIN



PROGRAM PACKAGES

Our Employee Assistance Program packages have been curated to meet the needs of your organisation considering your staff strength and financial capacity.

You could start with our smallest package or even combine options to make the most of our services.



Simple package

A Newsletter + A training session N115,000

Starter package

A Newsletter + A training session + Virtual psychotherapy for corporate clients for staff of 1 N140,000

Wellness package

A Newsletter + A training session + Mental health screening for 10 staff N200,000

Growth package

A Newsletter + A training session + Virtual psychotherapy for corporate clients for staff of 5 N240,000

EMPLOYEE ASSISTANCE PROGRAM (EAP)

EAP Staff Orientation	N35,000 PER 60 MINUTES
Consultation Session	N50,000 PER 60 MINUTES
Conflict Resolution	N70,000 PER 90 MINUTES
Newsletter	N40,000 PER MONTH
Private Lecture	N100,000 PER 60 MINUTES
Virtual psychotherapy for corporate clients	N25,000 PER 60 MINUTES
Physical psychotherapy for corporate clients	N40,000 PER 60 MINUTES



**THANK
YOU!**

